



JANUARY-APRIL 2020

E-NEWSLETTER



EDITORIAL

Happy New Year!

Twenye Twenye started off on a very exciting note at the YAU family. We recruited a new Director for Programs & Business Development, participated in the 'Earth Hour', a campaign aimed at environmental conservation through elimination of plastic and kaveera usage in the country, and continued serving the young people through promoting youth health, livelihoods, skills & mentorships as well as human rights. Unfortunately implementation was halted with the outbreak of the COVID-19 pandemic as our group based activities could not proceed since we had to adhere to MOH guidelines. Amidst this challenge, we have embraced technology and

as a result we held our maiden face book live stream, virtual working and meetings using zoom, skype, whatsapp and other platforms and empowered community structures with knowledge on COVID-19 to enable them sensitize the young people in the communities as well as follow up ART clients.

Our sincere gratitude goes out to our development partners, The Government Of Uganda and our beneficiaries who have stood with us despite the trying times

Together we can win the #fight against COVID. Stay home and keep safe as you enjoy this edition!

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Human Resource Update



Jude Okongo

Director Programs and Business Development (DPBD).

In January the Senior Management Team was joined by Jude Okongo to serve as the Director Programs and Business Development (DPBD). Jude was previously the Training and Development Manager at Youth Alive. He comes with a lot of experience and charisma integrated youth programming.

Embracing technology

To keep the work momentum going amidst the pandemic lock down, we have embraced virtual working through use of on line platforms like zoom, skype, whatsapp to ease communication and coordination. We continue to hold meetings using those platforms where we check in with staff on how they are doing professionally but also personally given that we are all affected by the pandemic in different ways. We held our first

Facebook livestream on 'The Impact of COVID-19 on communities and GBV' and reached over 9,000 viewers. The audience was very engaging as seen in the comments section where they kept sharing experiences and also seeking knowledge on what they needed to know. Please like our facebook page: Youth Alive Uganda, Twitter: @youthaliveug and Web site: www.youthaliveuganda.org for more information and updates about us.



Earth Hour

Together with our partners World Wide Fund For Nature (WWF) we believe that it is possible to achieve an environment free of plastic and Kaveera usage. Wel, we took the campaign a notch higher, joined by scholars from different back grounds and had alively match from City Square to Lugogo Arena. This function was flagged off by the Rt. Hon Speaker of Parliament, Rebecca Kadaga at City Square.

Our Executive Director, James Byarugaba who was one of the panelists on the theme 'No to plastic & Kaveera polution. Let Uganda Breathe 'made emphasis on environmental conservation and climate change "Mother nature is dying, mother nature is chocking,"he notes while addressing the audience.



YAUED Addressing the audience



Hon. Speaker flagging off the match

AMAZING STORY OF CHANGE

► Piggery project blossoms after an exchange learning

Grace Nakayaga joined Tukolere wamu Youth Development Group Bubuusi vilage, Katikamu sub county, Luweero District in 2018, a group comprised of 20 members (15 female, 5 male) at a time when she was a heavily pregnant house wife with no stable financial support. Her husband found pety jobs but always quit after a short period of time. She participated in all the group trainings including Cornerstone, Education for Life (EFL), Village Savings and Loans Association (VSLA) where she learnt the importance of saving. From the litle money that he gave her, she saved (2,000-10,000ugx) weekly and after nine months she received 400,000 ugx during share outand used 250,000ugx to acquire her first pig.

In 2019 the pig birth edits first eight piglets and within a year it has birthed three times. She sold one of the piglets at 150,000 ugx and used some of the money to hire an acre of land (140,000 ugx annually) where she planted maize. As the piggery grows, Grace worries for their security, scarcity of veterinary doctors, high cost of transporting the pigs formating, expensive drugs among others. Her appeal to the project is to provide experienced veterinary doctors who can carry out routine medical checks at her farm and those of the group members.

Grace is the group chairperson and arole model to many in the community. She is inspired by hard working young people which motivates her to work harder. Together with her husband they are able to take care of their baby and other family basic needs. Having appreciated the power of having a vision or dream through EFL training, Grace is working toward shaving 30pigs on her piggery farm from eleven curently.



Grace showing the maize she harvested



Grace spends time with one of her pigs

► Technical and Foundational Skills Enhancement Program (TAF SEP) 2019-2020

TASFEP is a one year project funded by Enabel in conjunction with GIZ under the European Union (Enabel / GIZSDF Grant) targeting 490 youths (30%male; 70% female) from refugee and host communities. The goal is: Improved livelihoods of youth in refugee camps and host communities of Arua District

This quarter the project started implementation by holding inception meetings at the Arua district hal with participation of district officials, representatives from the refugee community and Office of the Prime Minister (OPM) Imvepi Camp Refugee Welfare Council (RWC).

These embraced the project and pledged support and following this an MOU is currently being drafted for the partnership. The project team also mobilized peers within the host communities and sensitized the communities about the project with the aim of recruiting and profiling potential beneficiaries. The profiled young people were screened to check whether they meet the project criteria before starting training.



A peer profiling a beneficiary



Inception meeting at Arua District Hal

► Integrating SRHR and workforce Development for teenage mothers

Funded by Misesa Cara; the project seeks to holistically address the needs of teenage mothers aged 15-24 years through integration of SR Hand Workforce Development (WfD). The main objectives are to: (i) Increase knowledge and practices on Sexual and Reproductive Health (SRH); (ii) Enhance attitude change through YAU behavioral change program Education for Life; and (iii) Increase income through skilling (tailoring, cosmetology & hairdressing, food processing). is currently implemented in Kamwokya and Kajansi Areas. This quarter 75 teenage mothers graduated in hairdressing and cosmetology from Kamwokya and Kajansi hubs. These young mothers can now confidently start and run their own businesses since they have also been empowered with knowledge on financial literacy

"This program is keeping the young mothers in our communities busy and helping them get money to sustain themselves and their babies", said the LC Chairperson of Kamwokya.



Teenage mothers showing their visions



A teenage mother awaits customers at her shop

► East African Youth Inclusion Program(EAYIP) 2016-2021

Funded by Master Card Foundation through Heifer International, EAYIP' overarching program goal is to improve the livelihoods of 25,000 youth in Uganda and Tanzania by increasing their income through youth employment and enterprise development. Providing youth with a direct pathway to sustain able live lihood is an integral part of the program strategy. The specific objective of the program is to provide youth with a value proposition that will address barriers to fully access employment and enterprise development opportunities within agricultural value chains in Uganda and Tanzania using Heifer's hub model. The program is implemented in Amuria, Bugiri, Kiboga, Luweero, Ngora & Wakiso districts.

55 SHGs formed
(**1,597**youth)

251 youth female role model strained in governance & management

36 SHGs trained in EFL & Cornerstones
(**1,001**youth)

156 SHG group leader strained in governance

47 SHGs trained in VSLA (**1,352**youth)

► USAID Regional Health Integration to Enhance Services in East Central Uganda (USAID RHITES-EC)

Youth Alive is partnering with RHITSEEC to support implementation of Youth and Gender sensitive interventions to improve youth and adolescent knowledge, awareness, health practices and enhance their involvement and participation in delivery of health services.

This period focus was put on providing technical assistance to the health care facilities, community teams and CSOs to consolidate gains in program implementation around HIV and teenage mother's prevention; HIV care and treatment (HCT) maternal child health (MCH) and collaboration for children adolescent and young people of 10-24years. We worked closely with the District Health Teams (DHT) that supported their program structure to improve access and utilization of integrated health services by mapping health care

facilities for Adolescents and Young People living with HIV (AYPLHIV) differentiated services delivery models (DSDM), additional health care facilities for YAPS, adolescents-only clinics for adolescents and young people living with HIV and adolescent mothers, health care facilities to

strengthen "warriors camp" peer buddy intervention and AGYW groups. In response to COVID-19, we oriented District Based Trainers (DBTs) on facts of the pandemic and this enabled them reach out to their communities creating awareness on preventing measures.



A DBT doing door to doors sensitization on COVID-19

► Sexual and Reproductive Health and Rights Umbrella Program (SRHRU) 2016-2021

Sexual and Reproductive Health and Rights Umbrella Program referred to as The Uganda SRHR Umbrella Program is a 5-year project (2016-2021) funded by the Swedish Embassy in Uganda and managed by Frontline AIDS which is a global network of civil society organizations who have been on the front line of the world's response to AIDS for 25 years. The project aims at increasing access and use of quality, inclusive and integrated SRHR and HIV services and promoting positive healthy sexual relationships that can contribute to reducing new HIV infections and improving SRHR indicators. It targets children and young people aged 10-24 years implemented in Luwero, Nakaseke & Mubende districts.

We expanded access and increased use of quality, inclusive and integrated SRHR and HIV services

among vulnerable and key populations through: Conducted 32 integrated outreaches offering all SRHR services including HIV testing, health education, family planning, SGBV counseling, among others; 19 Voluntary Safe Medical Male Circumcision (VMMC) camps, 38 community dialogues on SRHR, six sports galas, 33 ANC+ sessions; one radio talk show in Mubende district in collaboration with the district health team with the aim of raising awareness on SRHR services in the district. Conducted monitoring of the four supported youth friendly corners in Mubende district and provided support to the peers and health workers on how to ensure functionality. The peer educators have also been equipped with knowledge on the current COVID-19 pandemic and are sensitizing communities on prevention measures to curb the spread.



ANC+ session happening at Nakaseke Hospital

Results this quarter

24,000 KPs reached with integrated SRHR services

251 young people reached through sports for health

4,805 males aged 15-45 years reached with VMMC

823 young mothers reached through ANC+ sessions & 90 spouses

► The Scaling-Up School-based Comprehensive Sexuality Education Program (SCOSEP)

This project was developed taking into account Youth Alive experience implementing sexual and reproductive health program in schools, the UNESCO recommendation on Comprehensive Sexuality Education (CSE) and feedback from school administrators and District education officers on the current SRHRU in-school interventions. Inception meetings were held at district level; 69 headteacher oriented from 69 schools; 6,000 young people mobilized in secondary schools to form 60 Youth Alive clubs; 53 patrons & 91 peer educators identified & trained on CSE and Education for Life; 31 health workers oriented on STI management for in school young people; oriented seven patrons / students & peers on designing CSEIEC messages and held debates in five schools on SRHR focusing on young people making responsible choices.



School patrons and peers participate in designing IEC materials



"I make sure before entering the health facility I wash my hands with soap and water. Every time I touch something in the facility I still wash my hands. I have also told my friends in the community to do the same. Some are doing so but others think that COVID19 is a disease for only those who board airplanes."

COVID-19

SAVE LIVES!
BY STAYING HOME

CORONAVIRUS
Prevention measures



Avoid close contact



Clean your hands often



Stay at home



Cover coughs and sneezes



Wear a facemask



Clean and disinfect

For any more information
Call Ministry of Health

TOLL FREE
0800 100 066 / 0800 203 033